

A STUDY OF SELF-CONCEPT IN RELATION
TO ADJUSTMENT, VALUES, ACADEMIC ACHIEVEMENT,
SOCIO-ECONOMIC STATUS AND SEX OF
HIGH SCHOOL STUDENTS OF DELHI

by

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submitted

in fulfilment of the requirements for the degree of
DOCTOR OF PHILOSOPHY

to the

INDIAN INSTITUTE OF TECHNOLOGY: DELHI

December, 1982.

C E R T I F I C A T E

This is to certify that the thesis entitled, 'A Study of Self-Concept in relation to Adjustment, Values, Academic Achievement, Socio-economic status and Sex of High School Students' of Delhi' being submitted by Shri Raj Kumar Saraswat for the award of Doctor of Philosophy to the Indian Institute of Technology, Delhi is a record of bonafide research work carried out by him during January, 1976 to December, 1982, under our supervision. The results obtained in this thesis have not been submitted to any other University for award of any degree or diploma.

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A C K N O W L E D G E M E N T S

The author is very grateful to Dr. (Mrs.) Purnima Mathur, Professor and Head, Department of Humanities and Social Sciences, I.I.T. Delhi, for her invaluable guidance and interest in the present investigation. He also expresses his deep sense of gratitude to Dr. J.S. Gaur, Reader, Educational and Vocational Guidance Unit, N.C.E.R.T., New Delhi for his kind help and valuable guidance which the author received throughout this study.

The researcher would like to express his deep sense of gratitude and acknowledgement to National Council of Educational Research and Training, New Delhi and Dr. (Mrs.) Perin H. Mehta, Professor and Head, Educational & Vocational Guidance Unit, N.C.E.R.T., New Delhi for awarding Research Fellowship and permission to undertake this research.

Thanks are also due to the Principals and students of various Govt. Higher Secondary Schools of Delhi Administration who participated and cooperated in this study.

Appreciations are also due to Dr. (Mrs.) Kamla Bhutani and Dr. (Mrs.) Sushma Gulati, Lecturers, Educational Psychology Unit, N.C.E.R.T. for their valuable suggestions, encouragement and timely help.

"There are Three Things Extremely Hard
Steel, A Diamond And To Know One's Self"

Benjamin Franklin

A B S T R A C T

This study aimed to see the relationship of self-concept dimensions, viz. physical, social, temperamental, educational, moral, intellectual and total self-concept with adjustment, values, academic achievement, socio-economic status of boys and girls. It also aimed to determine the predictor variables of self-concept.

A quota random sample of 840 students of class IX from 14 schools under Delhi Administration was selected. Data were collected through a number of tests and analyzed using various univariate and multivariate statistical techniques.

Hypothesis One studied relationship of self-concept and adjustment. It was found that boys' self-concept was related to social adjustment while girls' self-concept was related with home, health, social, emotional, school, and total adjustment.

Hypothesis Two was concerned with the self-concept and values. Results indicate that boys' self-concept was related to political and religious values, while girls' self-concept was not related to any of the values.

Hypothesis Three studied relationship between self-concept and academic achievement. Only intellectual self-concept was related to academic achievement in both the sexes.

Hypothesis Four studied relationship between self-concept and socio-economic status. Only social self-concept was related to socio-economic status for both the sexes.

Hypothesis Five studied the sex differences on self-concept. Boys and girls differed on total self-concept and its physical, social, and moral dimensions. Girls were found to be higher on all these dimensions.

Predictors for self-concept measures were also worked out for boys and girls separately. For boys' total self-concept, predictors were social adjustment, political and religious values and for girls, these were social and emotional adjustments. Certain variables came out as significant predictors of self-concept dimensions for boys and girls.

Models of self-concept predictors were developed and suggestions for further researches were made.

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